## 11/26/23 Hymn Lyrics

## Spirit of Life (2x)

Spirit of Life, come unto me. Sing in my heart all the stirrings of compassion. Blow in the wind, rise in the sea; move in the hand, giving life the shape of justice. Roots hold me close; wings set me free; Spirit of Life, come to me, come to me.

## Wake Now My Senses

Wake, now, my senses, and hear the earth call; feel the deep power of being in all; keep, with the web of creation your vow, giving, receiving as love shows us how.

Wake, now, my reason, reach out to the new; join with each pilgrim who quests for the true; honor the beauty and wisdom of time; suffer thy limit, and praise the sublime.

Wake, now, compassion, give heed to the cry; voices of suffering fill the wide sky; take as your neighbor both stranger and friend, praying and striving their hardship to end.

## Filled With Loving Kindness

May I be filled with loving kindness. May I be well. May I be filled with loving kindness.' May I be well. May I be peaceful and at ease. May I be whole.

Second time: Replace each "I" with "you." Third time: Replace each "I" with "we."